The Impact of Conversation Between Couples

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Abstract
Family is one of the most important social institutions responsible for social upbringing and social control, which plays a fundamental role in the normal and abnormal behavior of its members through the type of behavioral models it provides. Family relations have gained great importance in Islam, since the family is the smallest unit in society building. This study will use the inductive method to achieve the objectives of the study in examining the role of conversation between couples in creating balanced family and society. In the beginning family, conversation, and marriage will be defined. The view and laws of Islam will be devoted to marital relations and the importance of dialogue between spouses to create a stable family and balanced society.
Keywords: social control, Family, conversation, society

1. Introduction

When the couple's minds is different and the two of them stumble while trying to reach the other, and find only silence to become the language between them, if they wanted to talk knocking their door is only for the necessary issues of the children and their problems. The wife may resort to long silence when she feels from her husband the rigidity, and often try to suppress feelings due to the closed road of conversation between them. On the other hand, the husband chose not to talk with his wife due to her nervousness, stubbornness, and stiffness of her opinion. So that they live in one house and each has his own life, marital life becomes very difficult and unbearable between spouses, which affects their psyche in addition to their children's lives and psyche (Norman, 2008).

Family relations have gained great importance in Islam, since the family is the smallest unit in society building, and it is the responsibility of the establishment, nurturing of generations. Islamic legislation has been the forerunner of family planning and solutions to its problems. The family depends on the relationship between the spouses in terms of accommodation and understanding, is also responsible for the goodness of the nation, and its ability to carry the true message to humanity (Zerifa, 2010).

This paper will examine the importance of balanced family in society, discuss the impact of marital disputes on the family, and thus affect the community. In the beginning family, conversation, and marriage will be defined. The view and laws of Islam will be devoted to marital relations and the importance of dialogue between spouses to create a balanced family.

This study will use the inductive method to achieve the objectives of the study and answer its questions. It is an accurate process aimed at collecting data and observing the related phenomena in order to link them to a group of general relations. Also, the inductive method is known as the research method used by the researcher in generalization His own study on the general study related to the topic in which he is studying (David, 2003).

1.1 Study Objectives

This study aims to:
1. Examine the role of conversation between couples in creating balanced family.
2. Discuss the impact of balanced and stable family on the stability of society.
3. Present the view of Islam in family relations, showing the rights and duties of each party on the other, especially conversation.

2. Definition of Family, Marriage, and Conversation

Knowing the meaning of the family in particular is not easy, although the meaning of the family in the simple sense is known to all people, because of that difficulty is due to two things, which are the absence of family terminology or equivalent on Holy Quran and Sunnah, the second is the branching meaning of the term. But this does not preclude attempts to define the family and define what is meant. The family is in the legitimate concept: the first unit of society, and the first of its institutions in which relations are mostly direct, and within which the individual is socialized and acquires many of his knowledge, skills, tendencies and emotions, and find the security and housing (Aqla, Muhammad, 1989).

The word "family" is called on the group, which is linked by a mutual link. There were many definitions that the scientists referred to in their various disciplines, such as sociology, anthropology and even in the field of education. The ideas differed about giving a unified concept to the family, but they agreed that the family is the basic building block of society. It is one of the simplest forms of construction which overlaps in roles and functions of society, so sociologists differ in their definition of it (Atef, 1967).

Al-Hassan (1983) defined the family as a society organization composed of individuals who are bound by social, ethical, bloody and spiritual bonds. These ties are what made the human family distinct from the animal family.

The marriage of the signs of God's great power, and manifestations of his oneness in existence, is the legitimate and natural way of surviving the offspring. If the offspring dies, life will end. Marriage is one of the clearest and most intimate contracts, by which each couple becomes a garment for the other (A'thami, Hussein, 1949).

Shalabi (2017) stated that marriage is the pillar of a firm family in which the rights and obligations are met by religious sanctification, in which the person feels that marriage is a sacred bond that transcends his humanity. It is a spiritual relationship worthy of human purity. Perhaps this spiritual psychological aspect is the affection that God made between the spouses without the rest of the creatures.

Conversation is defined as a discussion of speech among people with calm, respect and without fanaticism of a particular opinion or racism. It is one of the basic demands of life. It is done through communication between people to exchange and understand ideas (Maliki, 2015). The dialogue is used to reveal the truth, which satisfies the human need, allows him to connect with and integrate with the environment, as well as to identify the different perspectives of the interlocutors (Sharif, 2013).

The conversation can also be defined as cooperation between the interlocutors with the aim of finding out the truth and reaching it, in which each party reveals all that is hidden on the other side. In the Holy Quran dialogue came in the sense of arguing with the best way (Al-Qudah, 2000).

3. Conversation between Couples

Conversation is the strong basis in solving most of the problems that may be faced by human beings. Family conversation is the interaction between members of the same family through discussion, talk about all matters related to family matters, obstacles and solutions, and the exchange of collective ideas and opinions about several axes, leading to the creation of familiarity and communication (Zerifa, 2010).

God Almighty created people different in their colors and races as well as in their thinking and beliefs, and because of these differences, there was a need for dialogue between them, in addition to that Holy Quran is based on dialogue; and God has taught human the dialogue through conversation with angels in the creation of humans (Holy Quran, Al-Baqarah, verse: 30).

Dialogue is the basis of understanding between spouses; it promotes psychological quietness, affection and compassion. The importance of dialogue between couples lies in several points (Al-Masri, 2009; Abu Zeid, Ashour, 2009):

- Purifies the psychological concerns, and empty what is in their heart to each other, so it avoids accumulating problems and makes solving them easy.
- Increases and strengthens the link between couples.
- To enrich the cultural and scientific aspects of the information and common themes between them if they are in the same level of education or benefit from one another if the educational level of one of them less than the other.
- Solving problems between the two parties: Life does not last forever, and as a result of the changes there are some problems, and there may be unintended mistakes of one of the parties should not be exaggerated and given more than the size, and the couple should overlook the mistakes and mistakes especially unintended, whether internal problems of The family or the outside should be resolved through dialogue and understand each other's ideas.
- Helps to raise children, the goal of marriage is to have children, raising children is one of the most important topics that are discussed by the parents and the most frequent.

Dialogue between spouses must be characterized by the following (Zerifa, 2010):

- Objectivity: reproach should not be repeated in the mistakes made in the past then linked to what happened at the present time.
- Choosing Words: Choosing comfortable words that remove the controversy, do not aggravate and exacerbate the problem.
- The choice of direct quiet method; because emotion, anger, loudness and shouting increase the intensity of the disagreement.
- Frankness: not to show one of the defects of the other all at once, the defects diseases need to be included in the treatment.

The frankness between spouses means mutual trust, and not hiding anything on the other, which means honesty in married life, and not to deceive and cheating, which inherits love and familiarity and increases trust and confidence. The frankness does not mean talking about the past of either of them, but starting from the love of the relationship of one another, and accept to be a partner to the owner regardless of what has happened,

frankness created an authentic based on honesty and covenant, which contributes significantly to create an atmosphere of love, confidence and stability between the spouses (Shalabi, 2007).

Some studies have shown that one of the most important factors that help to promote the compatibility between couples is the art of dialogue and communication, and the reasons for the lack of conversation between couples are due to the lack of marriage according to the teachings of Islam, the lack of free time of couples, the complexity of the economic situation in the Arab countries, and the high pressure on the husband makes him unable to receive the views of others (Inter-Agency Reform Committee, 2003).

A study of Al-Khudairy (2001) found that about 30% of marriages in Saudi Arabia are due to divorce due to a lack of knowledge of marital life, failure of husbands to maintain the rights of each other, and loss of family dialogue between them. And another study showed the existence of a relationship between marital differences and the lack of good communication methods between spouses, lack of good communication methods lead to a lack of friendliness and understanding in the marital relationship, which leads to increased problems (Sofintouir, 2001). Those who do not talk are more likely to be depressed or more likely to collapse their lives.

4.   Stable family characteristics and functions

The existence of human and the continuity of his offspring is based on the existence of parents from the first existence of mankind until God inherits the earth and from it (Abdullah, Sheikh, 2007). The formation of a family is based on the link between man and woman to find offspring, and children. The family in Islam system is called "extended family", which includes spouses, branches, assets and what comes out of them (Mursi, 2008). Hence, the family in the Islamic system is characterized by several characteristics that show the role of its existence and these characteristics are (Mursi, 2008: 64):

- It is a combined relationship: because Islam calls for pluralism and harmony.
- It is a positive relationship: Islam is a religion that calls for cooperation, communication, brotherhood, friendship, love and marriage.
- It is a long-term and continuous relationship: because the Islamic marriage contract is not limited in duration, as well as for the continuity of the relationship, Islam made marriage a heavy contract.
- The relationship within the Muslim family is characterized by permanence; relations between children, parents and relatives are governed by the irreplaceable link as well as the imposition of rights and duties.
- A constructive relationship: Islam forbids the negative, tyrannical and fragmented relations that call for separatism and the severance of social ties.

The community is a large building consisting of blocks, and the first unit of society is the individual, a man or a woman, neither of them can live independently of each other, but each needs the other. Family character is stability and housing.

In the legal marriage, the rights and duties must be divided according to justice, benevolence and mercy, not random distribution based on self-love, fighting between men and women, taking rights and evading from duties. The social role of the family is to guide the community to spread the call of good and in the fight against vices and evils, promote virtues and enjoined good and initiative to do well, and gain public opinion along with the Islamic idea.

5.   Conversation between couples and balanced family

The sociology specialists come to mind when talking about the culture of dialogue. The various institutions of socialization in society that are supposed to play an active role in planting the social and cultural values that the society wishes to continue. Perhaps the most important social institution whose role must be recognized is the family. Where the family has taken over the history of a large number of legislative heavenly statuses, and attracted the attention of intellectuals, researchers, educational, social, and psychological, because it is the most important in society, it is the primary institution in which children receives their education, and on this basis was linked to the development of goodness. The welfare of the community is the safety of the family because of its profound impact on the building of society as a whole (Jabara, Ali, 2003).

The family is one of the most important social institutions responsible for social upbringing and social control, which plays a fundamental role in the normal and abnormal behavior of its members through the type of behavioral models it provides. The patterns of behavior and interactions within the family are those that affect negatively or positively in preparing young people for the larger society. These models may produce radical individuals in the future, whatever this extremism, religious, social or political (Folk, Anita, 1987).

A family that creates extremists for those who reflect them even if they are of the same religion offers a model that negatively affects social interaction with others. The family that creates sympathizers offers positive, effective, and productive model in that society. The culture of society is the total product of the total of these cultures by their own good and bad.

Therefore, dialogue is an important means of communication, and acceptance of opinion of the other, in addition to respect for criticism, and self-deception. It is the language of the civilized human being, and it should be trained and practiced, especially in light of this age and the information revolution, and successive changes that impose a new reality for social, educational and cultural life. A person who is not good at interacting with others will not have the intellectual ability to elevate him at the level of thought and knowledge. In addition, dialogue has become one of the most discussed topics. Due to the importance of conversation in the process of communication and humanitarian communication and the success of these relations, the lack of dialogue between the spouses on the one hand and between parents and children on the other hand are considered the first direct causes of many social problems (King Abdulaziz Center for National Dialogue, 2012).

As several studies showed, lack of conversation between couples is the third reason leading to divorce. In addition, the most important reasons that lead to the lack of dialogue between spouses are the husband's long time outside the home, the constant differences in opinions and views, and the husband's desire to separate from others or not to mix in the surrounding environment (Daheshen, 2003).

6. The impact of stable family on society stability

Marriage is a major social issue. What arises from the poor choice of discord, conflict, family fragmentation and disintegration does not only affect the couple, but extends to the rest of the society.

Family formation patterns are a part that influences the prevailing social patterns in society, for example the pattern of cruelty and domination in the upbringing of children, the pattern of neglect, the pattern of vagueness, or the differentiation of children, producing a generation that may harm or deviate or reject whatever is contrary to its culture he grew up and raised in the family. This will produce fanatic and extremist. Therefore, it is imperative for everyone to work hard and diligent to prevent it from happening and spread it, because it negatively affects the community (Youssef, 2004).

Dialogue is a human need that is necessitated by the conditions of coexistence and communication with others; because dialogue fulfills the human need for independence on the one hand, and the need to participate and interact with the environment on the other. The conversation process, in its content and forms, seeks to expand common areas, control conflicts and emotions, and work to crystallize common goals and aspirations.

Effective dialogue means preserving the energy of individuals from loss, where individuals work seriously and translate their efforts in dialogue into tangible progress towards the goal where the unity of direction arises and the energies of individuals agrees (Hilal, 2000).

The family is the institution and the first social organization that forms the structure of the human personality of its children, through the intended education based on teaching them the social behavior, and the formation of values, attitudes, religion, morality and conscience. The child also starts his/her mental life in the family by learning the language that is a social communication tool and a means of acquiring knowledge and information. It also works on transferring the cultural heritage. The child gains different social interaction with others in society, it also develops internal and external discipline of individuals through reward and punishment, and enables children to exercise opportunities for self-expression and responsibility, as well as the child learns in the family various social processes such as cooperation and competition, and determines the family behavior of children through the family climate. In addition to the methods of family formation in upbringing of their children affect the patterns of their personalities and psychological compatibility, and mental health (Jado, 1998).

7. Conclusion

This study aimed to examine the role of conversation between couples in creating balanced family, discuss the impact of balanced and stable family on the stability of society, and present the view of Islam in family relations, showing the rights and duties of each party on the other, especially conversation.

The study found the following results:

- Discussions and meetings within the family enhance and strengthen the culture of family dialogue.
- The conversation between the couples has benefits and importance in achieving family happiness and provides an atmosphere of love, affection and psychological comfort among members of the family.
- The biggest cause of problems between spouses is the lack of language of dialogue between them.
- Conversation between couples produces balanced and stable family.
- Conversation between couples produces balanced and stable society.
- Lack of good communication methods, leads to a lack of friendliness and understanding in the marital relationship, which leads to increased problems.
- Islam places dialogue as a pillar of family dialogue, especially among its priorities.

- Conversation between the couple has a great benefit in stabilizing the family and solving many of the family problems, and achieving the psychological comfort of the building and family happiness.
- Conversation helps to alleviate the psychological pressure, and helps in making important decisions for the family.
- The importance of enhancing the role of religious leaders in spreading the culture of family dialogue through religious institutions.

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