# Women of North Pakistan in the Line of Domestic Violence

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# Abstract

This research paper is about domestic violence on women in District Bhimber and Mirpur Azad Jammu and Kashmir. The women are facing violence in these areas. There are different reasons why women are tortured, they get scolded for giving birth to girls. Marriages by choice are considered a sin for them. It's wrong if a woman gets education. If a women is forced because of circumstances to go outside and get a job then her life becomes really hard. Innocent underage girls are forced to get married. These issues are relevant to explaining violence against women and intensity of aggressive behavior in family life. Cases of violence against women are reported to illustrate the factors and causing violence.

Keywords: Women, Violence, Domestic, Mirpur, Kashmir

# Introduction

Violence against women is one of the biggest problems in our society (Wetzel, 2016). Contemporarily Zakar et al. (2016) Pakistani society is male dominant and the women considered weaker, smaller, slower and easy victims. Women of Pakistan are living in a religious society and facing tribal customs. Women face violence not only in rural areas but in urban areas as well. According to United Nations women violence is "any act of gender-based violence that results in or is likely to cause, physical injury, sexual or psychological to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether in public or private area" (UN 1993). As Lewis (2016) violence includes different types of violations related to women including aggressive and abusive behavior. The abusive behavior takes different shapes (physical, sexual, psychological and economical).

One of the shapes of abusive behavior is physical including Hitting, Slapping, Biting, Grabbing, Shaking, Scratching and Punching women are facing violence by in laws, Husband, Brother, Father, Sons and the critical situation is that they are murdered (Raza & Hussain, 2016).

The victims are attacked with weapons to and forced for sex comes in the category of sexual form of abusive behavior (Watts & Zimmerman, 2002). When a needy women want to do a job and she is threatened and sexually harassed by her boss or colleagues. As it is common to abuse the women psychologically. In this category women are tortured in the shape of doubt that they are engaged or have relations with other man. In most cases women suffering from violence like most of the family from the husband side want or demand to the women to give birth a boy and if she give birth a baby girl they give her devoice and make her leave the house. Hereby, Bhattacharjee and Banda (2016) women are tortured economically such as transportation, food, clothing, shelter, insurance, and money. Before spending money most of the women have to take permission from father, brother, husband and in laws.

### Literature Review

There is just few research studies related to violence against women in the perspective of Azad Jammu and Kashmir and particularly in Mirpur division no prior study exists on the basis of cases report to police.

Domestic violence is widespread in the whole world and mainly in Pakistan is convergent. The research focuses on the relative study of violence against women in rural and urban areas of Muzaffarabad (AJK).Woman is mainly limited and classical environment in which men and women are traditionally women suffer physically. Women because of the custom and societal norms limited to their families. Women who are the victim of the violence are not exposed because they realize they would be in trouble (Abdullah et al., 2015).

No proper profile of women violence in Pakistan despite the problem is mentioned by the media. This study is based on a sample of women who are victims of Karachi. All women reported abuse, rising physical, psychological, economic and sexual. The husband was the frequent author. Girls and women suffer because they keep silence due to social standards, misapplication of religious theory, subordinate status, dependent economically and unavailability of legal restrictions (Rabbani et al., 2008).

This research is about estimate the family violence and the causes for it between the 400 married women aged 15-45 years in small socio-economic urban areas in Karachi. Data were collected by pretest survey. The prevalence of abusive behavior, law and from 97.0% of the husband was 97.5%. The prevalence of physical violence, the husband of the law, was 80.0 percent and 57.5 percent, respectively. Financial issues, it is the most familiar reason of domestic violence Ali and Bustamante Gavino (2007) and Ghouri and Abrar (2010) they are, forced for dowry and treated badly by other family members Yousaf and Purkayastha (2016) throwing acid in the face of a woman is in common.

Effort is being made to emphasize the growing upward trend and Muslim women's awareness of a

certain degree of mobilization on the abuse of interpretation and practice Islam the rights of Islamic principles displacement (Choudhury, 2014).

According to Babur (2007) ignorance and economic opportunity for women, bound the ability to think about the rights of its cause. Only 2 percent of Pakistani women are in employment.

Women Violence is identified as a health problem among people and also its violation of human rights all around the world. It's very serious factor related to women's ill health. Women violence have a direct link to the public health sector because public health workers can contribute if they properly trained because they remain very close to the victims, and possibly well familiar with the community (Krantz et al., 2004; Krantz & Garcia-Moreno, 2005).

Each year hundreds of women are killed by their families in "honor". In Human Rights reports are presented to UN commission show that the honor killing have taken place, taken in Bangladesh, Egypt, Israel, Britain, India, Italy, Jordan, Pakistan, Morocco, Sweden, Turkey, Brazil and Uganda. The complicity of other women in the family and the community make stronger the concept of women as property and the notion that violence against members of the family is a family problem not a judicial problem. "The women of the family, brothers, sisters, mothers, grandmothers, and cousins attack often support it's a psychology of the community (Mayell, 2002).

There is no doubt that gender-based violence deserves high on the agenda of human rights place. About 60 million women who should still "disappeared" are alive today because of distinction based on sex, especially in southern and western Asia, China and North Africa. In the US, women violence has increased in the last 20 years. Every woman is physically abused by her partner every nine seconds. In India, Each year about 5,000 women die because their in-laws considered insufficient dowry. In particular, more than 1 million children, women, especially in Asia, will be forced to prostitution every year (Bunch, 1997).

Domestic women violence is common form of violence based on gender. Prevalence, seriousness and domestic violence tolerated by married women never able to recognize certain socio-demographic and behavioral risk factors for IPV and study the consequences of domestic violence against women, some associated physical health and mental (Al Serkal et al., 2014).

Bhatti et al. (2011) found the domestic women violence is because of inequality among women and men which have led to authority over and differentiation against women by men. It was found that most of women are deprived from basic rights and married as per, Watta Satta marriage tradition. In rural areas women is less confident and they are not allowed to go outside from the house.

# Methodology

In our study we have collected data from secondary sources. The basic purpose of the research was to analysis the issues and problems related to the violence they are facing by the women nowadays. To get the information about the women violence it is almost impossible to meet the victims personally due to cultural threats. We have focused on the areas of Bhimber and Mirpur Azad Kashmir. For more data we also used secondary resources like Police Station and NGO's.

# Data

Table 01 Women Violence						
S.No	Location	Affected	Threats	Reasons	Marriage Type	Reported
1	Mirpur	Ayesha	Husband	Husband interested in other woman	Arrange	No
2	Bhimber	Asia	Husband	Doubt	Arrange	No
3	Mirpur	Basma	Husband & In-law	Give birth to daughters	Love	No
4	Mirpur	Abida	Brother & his wife	Divorced	Love	No
5	Bhimber	Saba	Husband & his brother	Domestic problem	Arrange	No
6	Bhimber	Asia	Husband & sons	Doubt	Arrange	Yes
7	Mirpur	Bushra	Society	Social evils	Single	No
8	Bhimber	Uzma	Her family & husband family	Due to love	Love	No
9	Bhimber	Sadaf	Husband	Illiteracy/uneducated	Arrange	No
10	Mirpur	Fozia	Father	Lack of education	Arrange	No
11	Bhimber	Mariam	Husband	Family pressure	Arrange 1 <sup>st</sup> love 2 <sup>nd</sup>	No
12	Mirpur	Salma	Family & society	Widow	1 <sup>st</sup> love 2 <sup>nd</sup> arrange	No
13	Bhimber	Amina BiBi	Son			No
14	Mirpur	Javeria	Son	Demanding for divorce, relation with other man.	Arrange	Yes
15	Mirpur	Raheela and Saba	Friend	Rape	Unknown	Yes
16	Mirpur	Shazia	Qasim	Trying to rape	Unmarried	Yes
17	Mirpur	Yasmeen	lover	Adultery	Unknown	Yes
18	Mirpur	Shaista BiBi	Neighbor	Beaten, abuse	Married	Yes
19	Mirpur	Begum, Razia, Khan, and Ali	Enemy	Beating, slapping and punching and also abusing and he threatened to kill	Married	Yes
20	Mirpur	Inum Bibi	male partner	Adultery	Unknown	Yes
21	Mirpur	Sara	Neighbor	Attacked her with rock and threatened.	Married	Yes
22	Mangla	Nazia Atif	3 males	Trying to rape	Unmarried	Yes

# Note: Fake names have been used to keep dignity of the victims alive.

#### **Discussion on results**

On the bases of our study results we came to know that the main reason of women violence is due to lack of knowledge people are very narrow minded. In our study area literacy rate is higher but there is no benefit of that education which doesn't give them awareness about the rights of the women and don't make them the person who give respect women.

People don't give preference to the education of women. They thought women are for just to do home works and it is totally waste of money to spend on the girls for education.

As we all know that our country is an Islamic state and being a Muslim we all have to follow the Islamic rules. In Islam there is a brief lesson about the women rights and duties. Quran and the Holy Prophet (P.B.U.H) give equal rights to men and women. According to the study of Quran and Hadith the Heaven is under the feet of Mother but in our society People abuse their mother & sisters. During Study we come to know that a Son kill his mother with a knife & in another case a brother treated his divorced sister as a servant and he does everything as his wife says.

Islam has the same status to men and women will be granted, and does not distinguish between them

on the basis of sex. The equivalent fixed Islamic Sharia blood (life) of women and men have equal punishment for both sexes' defined murderers. Islam give rights to women to choose their life partner and parents must know their daughters willingness but in our society people are very narrow minded they don't allow women to choose their life partner. During our study we came to know that violence occur due to this thing. People do not allow their women to get married by their choice.

On the result of study we identify a victim related to women violence who is very talented and have passion to get education but their parents did not allow her to go out and get higher education they force and abuse her to stay at home.

It is the responsibility of a men to take care of the financial matter of their women. But in our society women suffer a lot men do not like to do work they give just few money and ask women to carry out home expenses which are important for survivor and it's very difficult to manage. Victim reported that she got violence from husband side whenever she ask him for money for food and clothes.

# Conclusion

On the bases of our study results we came to know that the main reason of women violence is due to lack of knowledge people are very narrow minded. In our study area literacy rate is higher but there is no benefit of that education which doesn't give them awareness about the rights of the women and don't make them the person who give respect women. As compare to illiterate people educated People are less involved in violence against women. People don't give preference to the education of women. They thought women are for just to do home works and it is totally waste of money to spend on the girls for education. There are diverse elements that create violence such as the educational background, lack of knowledge, social norms, narrow minded people, age difference, status, ignorance.

To Some extent we can eliminate these Problem & causes related to women violence by improving educational system, and making easy access to education to everyone, and by the help of Media and ENGO's to highlight the Importance of education for women and their rights.

There are different ways and tools like seminars, conferences and workshops to spread awareness about the women rights.

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