

Strategies for Enhancing Access and Retention of Learners with Visual Impairments in Regular Universal Primary Education (UPE) Schools in South Western Uganda

Odette Tumwesigye Niyisabwa^{1*} Chomba Wa Munyi² Jessina M. Muthee²

- 1. Department of Community and Disability Studies, Kyambogo University, P.O.Box 1, Kampala, Uganda
- 2. Department of Special Needs Education, Kenyatta University, P.O.Box 43844 -00100, Nairobi, Kenya

Abstract

The purpose of the study was to investigate strategies for enhancing access and retention of Learners with Visual Impairments (LVI) in regular Universal Primary Education (UPE) schools. The study was conducted in seven districts within South Western Uganda. The objectives of the study were to establish the Braille skills possessed by teachers, to determine the availability of adapted materials, equipment and devices for LVI, to establish the skills that had been acquired by LVI in Activities of Daily Living (ADL) and their skills in Orientation and Mobility (O&M); to establish the physical adaptations that had been put in the environment to facilitate access and retention of LVI in regular UPE schools; and to determine the curriculum adaptations that had been put in place to suit the needs of LVI. The study adapted the theory of access by Ribot and Peluso (2003), deals with all possible means by which a person is able to benefit from things, and it was supplemented by the theory of adaptation by Sherrill (2008); which deals with strategies to enable a person achieve the stipulated rights. The target population was learners with visual impairments (LVI) from established integrated schools and from regular UPE schools, Teachers of LVI from established integrated schools and from regular UPE schools, head teachers from established integrated and regular UPE schools, plus inspectors of schools incharge od Special Needs Education. This paper presents findings obtained through a mixed method research design involving both qualitative and quantitative descriptive methods with a sample of 147 respondents. Raw data was obtained through questionnaires, interviews, observation and Focus Group Discussions (FGDs). Data obtained from close – ended items of the questionnaire were analyzed quantitatively, while data obtained from open ended items were analyzed qualitatively. Data collected using interview, observation and FGD was coded, quantified, categorized and analyzed following the themes derived from the research objectives. Findings were presented using descriptive methods. The major finding was that most of the required facilities to help LVI access learning were missing in regular UPE schools. The study concluded that; overall, the strategies for enhancing access and retention of LVI were generally lacking in regular UPE schools. The study recommended that government should guarantee good quality education to LVI in regular UPE schools by providing human and financial resources as a way to reinforce the UPE policy (1997) which gave priority to children with disabilities to access regular UPE schools.

Keywords: Strategies, Accesss, retention, Learners with visual impairments (LVI), Regular Universal Primary Education (UPE) schools, Established Integrated Schools

1.1 Introduction

Strategies: Wikimedia project 2015 defines strategies as high level plan to achieve one or more goals under conditions of uncertainty. In context of this study, it is means ways to enable LVI achieve quality education that enables one to complete the primary education cycle successfully.

Access: Availing learners with suitable requirements and atmosphere to enable them achieve good learning outcomes (Sherrill 2008). In this study, it is used to mean providing LVI with specialized teachers, skills and facilities such as; ADL/O&M; adapted materials, equipment and devices; adapted environment and adapted curriculum to enable them benefit from regular UPE schools.

Retention: According to Chaluda (2014), retention refers to enrolling of students in school and remain enrolled until they reach a certain grade. In this study, it is used to mean enrolling of LVI in primary school and they remain enrolled until they complete the primary education cycle.

Learners with Visual impairment (LVI): These are learners who have a limitation of one or more functions of the eye or visual system where the learner's eye sight can not be corrected to a normal level (An Azo network 2015). In this study, it is a general term that describes learners with a wide range of visual function, from low vision to total blindness.

Regular Universal Primary Education (UPE) schools: Schools which are meant for providing basic primary education to all Ugandan children of school going age; which is affordable by the government and majority of the citizens (UPE report 2012). In this study, it is used to mean government aided day schools which do not have a unit and boarding facility for LVI.

Established Integrated Schools: Refer to schools which have been in existence with an integrated system for a long time and therefore recognized and generally accepted. (Hacker 2015 in Mirriam Webster 2015). In context



of this study, they are educational settings which are recognized by government as official schools for intergration of LVI together with the sighted, with a boarding facility and unit for LVI.

1.2 Background to the study

Globally, provision of access and retention of children with visual impairments in school has been an area of concern and generally a subject of debate among educators worldwide. It even raises more concern among educators in the area of special needs education when it comes to educating LVI especially within regular school settings. A number of studies globally, in Africa and in Uganda have revealed that the major obstacle in educating these learners in regular schools is limited resources. (Njoroge 1991; McCall 2001; Kristensen, Omagor and Onen 2003; ICEVI 2005; Wamunyi 2008).

In the United States of America, residential schools were the sole settings for the education of LVI throughout the 19th century (Roberts 1986). At that time, it was fashionable for the well – to – do to send their children to boarding schools, and this fact made it seem logical and desirable to establish more residential schools for LVI. What prompted parents to send their children to the state residential schools at that time was the better equipment that was available there. Later in 1909, Hall cited in Roberts (1986) voiced his concern against the residential segregated settings for LVI. He asserted that:

"......the method of segregating the blind, keeping them not with the Class with whom they will live after they leave school, cutting them off from society, is the greatest mistake that was ever made." Pg.27.

He therefore recommended that the public day school is the place to educate children with visual impairment, associating them with the people with whom they would associate when they leave school. This recommendation is supplemented by research from Uganda whose results suggested that with the right level of support, LVI could succeed academically in the regular schools (Lynch and McCall 2007; Kristensen, Omagor, and Onen 2003; Lynch, McCall, Douglas, McLinden and Bayo 2011).

In Africa, children with visual impairments have continued to be excluded in accessing education. According to UNICEF report 2012, only a few of them were in school by the year 2012, and very few were receiving the adequate inclusive education they needed. The report further states that 25 out of 55 African countries had not yet ratified the convention on the rights of persons with disabilities which stipulates that children with disabilities should be protected against all forms of discrimination, and that they should have access to education among other things. A number of countries in Africa introduced specific legislation, national policies and strategies to respond to the needs of children with disabilities. However when it came to implementing inclusive education programs and allocating adequate resources, many countries lagged behind. (UNICEF report 2012).

In Uganda, lack of adequate resourses remain a major challenge to access and retention of LVI in regular UPE schools. UPE is an educational program which was spearheaded by the president of Uganda His Excellency Yoweri Kaguta Museven. During his presidential campaigns in 1996, he pledged to offer free education to all school age going children of 6 – 12 years within government aided schools. Enrolment was to be done on the basis of four children per family, and priority was to be given to children with disabilities. This provision attracted many learners with disabilities including those with visual impairments into regular UPE schools (UNICEF report 2015). The Education For All (EFA) Global monitoring report (2012) specified that the enrolment level of learners with disabilities in UPE schools stood at almost 97% for primary education, and was projected it to reach 100% in the next four years if particular conditions are met.

Unfortunately, the learning needs of children with disabilities were not met. (Ministry of Education and Sports (MOES) Sector fact sheet 2000 – 2012; UPE report 2012. Wamunyi (2008) has cautioned educators that though mainstreaming is an advanced approach to the desired meaningful social inclusion of learners with special needs, placing them in regular classes without meeting their learning needs in full cannot be considered a step forward in Special Needs Education. The fact sheet also revealed that a large number of LVI who were enrolled in UPE schools eventually dropped out due to lack of attention. Review of Primary Living Examination (PLE) results exhibited by UNEB / SNE records (2008 – 2012) revealed that the educational achievement of LVI has been persistently low, as compared to their sighted counterparts. Despite the studies conducted on the education of learners with visual impairment in Uganda by Kristensen et al 2003 and by Lynch et al 2011; none of them has paid attention to aspects of Braille skills of teachers; adapted materials, equipment and devices; Activities of Daily Living (ADL) and Orientation and Mobility (O&M); environmental and curriculum adaptations. This study examined strategies for enhancing access and retention of learners with visual impairments in Regular Universal Primary Education (UPE) schools in South Western Uganda.

2.0 Objectives of the Study

The study was guided by the following objectives which sought to:



- i. Establish the Braille skills possessed by teachers of LVI in regular UPE schools;
- ii. Determine the availability of adapted materials, equipment and devices for LVI;
- iii. Establish the skills that had been acquired by LVI in Activities of Daily Living (ADL) and their skills in Orientation and Mobility (O&M);
- iv. Establish the physical adaptations that had been put in the environment to facilitate access and retention of LVI in regular UPE schools; and
- v. Determine the curriculum adaptations that had been put in place to suit the needs of LVI.

3.0 Materials and Methods

The study employed mixed methods research design also reffered to as multi – methodology to examine the strategies for enhancing access and retention of learners with visual impairments in Regular Universal Primary Education (UPE) schools in South Western Uganda. Mixed methods research design has been defined as integrating qualitative and quantitative data collection and analysis in a single study or a program of enquiry. (Creswel, Plano, Gutmann and Hanson 2003; in Tashakkori and Teddle 2003). The design was intended to produce good qualitative and quantitative information through the use of questionnaires, interviews, observation and Focus Group Discussions (FGDs) that collected information on the existing situation of LVI in regular UPE schools. Data that was obtained from close – ended items of the questionnaire were analyzed quantitatively, while data obtained from open ended items using interview, observation and FGD was coded, quantified, categorized and analyzed following the themes derived from the research objectives. The findings were reported in summary form using descriptive methods in tables.

4.0 Results and Discussion

4.1 Demographic data

Demographic data was discussed under the following subtitles: Prevalence of LVI in regular UPE schools, Years of teaching experience of teachers involved in the study, Demographic characteristics of teachers and LVI, Details about the type of schools and category respondents and Level of preparedness of teachers to implement ADL and O&M training.

4.1.1 Prevalence of LVI per region

Table 4.1 Prevalence of LVI per region

Region	No. of children with disabilities	No. of LVI	Percentage of LVI
Central	35.347	10,604	30%
Eastern	61.035	280,76	46%
North Southern	2,801	980	35%
Northern	57,831	19,663	34%
South Western	22,572	124,15	55%

NB: Adapted from Uganda Education Statistics abstract 2009.

From table 4.1 above, the percentage of LVI among the number of children with disabilities ranged from 30% to 55%. The highest concertration of LVI was found to be in South Western Uganda, and that factor prompted this study in the area.

4.1.2 Years of teaching experience of teachers involved in the study

Table 4.2 shows the years of teaching experience categorized under 1-10 years, 11-20 years, 21-30 years and 31-40 years. This categorization was based on the argument that the longer the period of teaching, the more likely the teacher would acquire skills of teaching LVI. Findings indicate that more than half of the teachers who participated in the study had little experience in teaching as they had taught for 10 years or less. Less than half of the teachers had 11-20 years of teaching experience, and only very few teachers had more than 30 years of teaching experience.



4.1.3 Demographic characteristics of teachers and LVI

Table 4.3 Demographic characteristics of teachers and LVI

School type	Establish	ed integrat	ed schools			Regu	ılar U	PE s	chools	S
School code	A	В	C	D	E	F	G	Н	I	J
Total No. of teachers per school	23	23	23	25	16	24	23	25	23	23
No. of teachers involved in study	5	5	5	5	5	5	5	5	5	5
No. of specialized teachers	4	5	5	0	0	0	0	0	0	0
Percentage of specialized teachers	17%	22%	22%	-	-	-	-	-	-	-
Years LVI had been in school	5	44	46	NS	NS	NS	NS	9	NS	NS
No. learners who were blind	11	21	22	0	0	0	0	0	0	0
No. learners with low vision	13	10	20	23	15	24	5	51	16	17
Total No. of LVI	24	31	42	23	15	24	10	51	16	17
No. of LVI involved in the study	8	8	8	8	8	8	8	8	8	8

KEY: NS = Not sure

Table 4.3 shows that only less than a quarter of the teachers who participated in the study had special education qualifications, and they were all teaching in established integrated schools. None of the teachers with special education qualifications was teaching in regular UPE schools. The table also shows that all the learners who had been categorized as being blind were enrolled in established integrated schools and learners with low vision were enrolled in both school settings. Findings also revealed that LVI had been enrolled in established integrated schools B and C for more than 40 years, and 5 years in school A. However, headteachers from almost all the seven regular UPE schools were not sure of how long the LVI had been enrolled in their schools, which revealed that they were not bothered about taking care of the special educational needs of the leaners.

4.1.4 Details about the type of schools and category respondents

Table 4.4 Details about the type of schools and category of respondents

Area	Target population	Study popn.	Sample size
Districts	14	7	7
Government aided schools with LVI	35	10	10
Established integrated schools	3	3	3
Regular UPE schools with many LVI	32	7	7
Respondents	·		
Item	Target population	Study popn.	Sample size
LVI from established integrated schools	97	97	24
LVI from regular UPE schools	1,344	156	56
Sub – total	1,441	253	80
Teachers of LVI in Establi. integrated schools	69	69	15
Teachers of LVI in regular UPE schools where	736	159	35
LVI had been enrolled in large numbers			
Sub – total	805	228	50
Head teachers of Establi. Integrated schools	3	3	3
Head teachers of regular UPE schools with	32	7	7
large numbers of LVI			
Sub – total	35	10	10
Inspectors of schools in charge of SNE	14	7	7
Total	2,295	498	147

From table 4.4, the details about the type of schools used for the study and the category of respondents have been shown, whereby the government aided schools with high concertration of LVI totaled to 10, among which 3 were established intergrated schools and 7 were regular UPE schools. The category and numbers of the people who participated in the study is also presented, all making a total of 147 respondents. The detailed demographic data of participants such as names were not taken due to ethical considerations.



4.1.5 Level of preparedness of teachers to implement ADL and O&M training Table 4.5 Level of preparedness of teachers to implement ADL and O&M training

Tuble the Level of preparedness of teachers to imprement fibe and occur training													
Type of school	Esta	Established			Regular UPE								
	inte	integrated											
School code	A	В	С	D	Е	F	G	Н	I	J			
No. of teachers specialized in VI	3	3	4	-	-	-	1	-	-	-			
No of teachers specialized in ADL / O&M	-	-	-	-	-	-	-	-	-	-			
ADL training offered to LVI	Y	Y	Y	-	-	-	-	-	-	-			
O&M training offered to LVI	-	-	-	-	-	-	-	-	-	-			
ADL reflected on time table	Y	-	-	-	-	-	-	-	-	-			
O&M reflected on time table	-	-	-	-	-	-	-	-	-	-			

Key	
-	Nil
Yes	Yes

Table 4.5 shows the level of preparedness of teachers to implement ADL and O&M training. Findings show that there were some few preparations made to implement ADL and O&M training in the established integrated schools, while there were no preparations made in almost all the regular UPE schools.

4.2 Determination of strategies for enhancing access and retention of LVI in regular UPE schools

The task of the study was to determine the presence of components that reflect enhancement of access and retention of LVI in regular UPE schools. The components included: Braille skills possessed by teachers, adapted materials, equipment and devices, skills that had been acquired by LVI in ADL and in O&M, physical adaptations in the environment and curriculum adaptations.

4.2.1 Braille skills possessed by teachers of LVI in regular UPE schools;

This objective sought to establish the Braille skills possessed by teachers of LVI in regular UPE schools. To achieve this objective, question ii of section C in the questionnaire required teachers to indicate the level of their Braille skills under the variables: Grade I English Braille, Grade II English Braille, Simple mathematics Braille; and Full mathematics Braille notation. The study established that there was no teacher who possessed any Braille skills in all the seven regular UPE schools. The study also established that all the teachers who possessed Braille skills were teaching in established integrated schools, and they all possessed skills in Grade I English Braille. Majority of them possessed skills in Grade II English Braille and Simple mathematics Braille, and very few of them possessed skills in full mathematics Braille notation as indicated in table 4:6 below:

Table 4.6: Teachers' Braille skills

School Type	Established integrated schools Regular UPE schools											
School code	A	В	C	D	E	F	G	Н	I	J		
Total No. of teachers	23	23	23	25	16	24	23	25	23	23		
No. teachers involved in study	5	5	5	5	5	5	5	5	5	5		
Teacher's level of English Braille												
Grade 1 English Braille	4	5	5	0	0	0	0	0	0	0		
Grade II English Braille	3	4	4	0	0	0	0	0	0	0		
Teacher's level of mathematics Braille												
Simple Maths Braille	3	4	4	0	0	0	0	0	0	0		
Full Maths Braille Notation	1	2	2	0	0	0	0	0	0	0		

Findings also revealed that all the teachers who possessed Braille skills were teaching in established integrated schools, and there were no teachers with Braille skills in all the seven regular UPE schools. This finding is in agreement with Frieman 2004 who noted that school administrators are faced with the challenge of finding competent teachers who have expertise in Braille to teach LVI. Findings also revealed that all the teachers who possessed Braille skills had skills in Grade I English Braille. More than three quarters had skills in Grade II English Braille and simple mathematics Braille. However, less than a half had skills in full mathematics Braille notation. This finding was different from the finding by Nzoka (2011) which concluded that majority of the specialized teachers in Kenya lacked proficiency in Grade two English Braille. The finding however confirms findings of a study by Demario, Norma, Lian and Ming – Gon (2000) who conducted a study to examine the competency of teachers in Full mathematics notation, and found out that the teachers lacked competency in more than a half of the required mathematics skills. The concern of lack of proficiency in some aspects of Braille skills by teachers was expressed by the Inspector of schools in charge of SNE in district A. During an interview, he expressed his opinion about lack of specialization of teachers trained in Special Needs



Education in Uganda with effect from the year 2000. He commented that:

"Since 2000, teachers who were graduating in Special needs Education are mixed up. They do not have sufficient knowledge in a particular area because they did not specialize. For example a graduate with a diploma in Special Needs Education is assumed to have acquired knowledge in all special Needs areas of Sign language, Braille and Learning disabilities. However, studying all the areas without specializing in a particular area leaves a teacher with limited knowledge in all the areas."

This finding exposed a dire need for exposure to a full Braille course for teachers of LVI in regular UPE schools, and refresher courses in full mathematics Braille notation for teachers of LVI particularly in established integrated schools. The necessity for teachers to go through a specialized and comprehensive Braille training course has been recommended by literature reviewed in this study by (Amato 2002; Frieman 2004; Hui Ying Hung 2008, Johnson 1996, McCall 2001, Allman, Carol, Holbrook and M.Cay 1999, Knowlton and Berger 1999).

4.2.2 Availability of adapted materials, equipment and devices for LVI

This objective sought to determine the availability of adapted materials, equipment and devices for LVI. To achieve this objective, Data was collected through questionnaires, FGDs and observation. Section D of the teachers' questionnaire asked teachers to indicate the number of adapted materials, equipment and devices available in their classrooms and the number required.

Findings indicated that the only adapted equipment that was available in all the seven regular UPE schools was Contrast enhanced chalkboards. The study further established that the materials for learners with low vision that were available in all the three established integrated schools were optical devices and large beamed hats. Large print text books and felt – tip /thick pens were the lacking in all the ten participating schools. Other low vision materials were generally lacking in both school settings.

The study established that there were no basic Braille materials available in all the seven regular UPE schools, and that there were some available in the three established integrated schools. The findings were summarized in tables 4.7 and 4.8:

Table 4.7: Basic Braille materials and equipment

Established integrated		A		В			С				
Schools			I ~*.		1			1	Las		
Type of material	No.	No.	Situ -	No.	No.	Situ -	No.	No.	Situ –		
	required	available	ation	required	availa-ble	ation	Req.	availa-ble	ation		
Basic Reading and Writing Br	aille Equipr					1	•		•		
Slates	11	20	+9	21	30	+9	20	36	+16		
Styluses	11	7	-4	21	12	-9	20	24	+4		
Cubes (sets)	11	00	-11	21	8	-13	20	9	-11		
Cube flames (sets)	11	00	-11	21	8	-13	20	9	-11		
Braille paper (reams)	11	15	+4	21	23	+2	20	30	+10		
Perkins Braillers	11	5	-6	21	10	-11	20	15	-5		
Marburg	11	00	-11	21	2	-19	20	3	-17		
English Braille text books	11	00	-11	21	00	-21	20	00	-20		
pupil's copies											
English Braille text	5	4	-1	5	4	-1	5	6	+1		
books teachers' copies											
Braille readiness	11	00	-11	21	2	-19	20	1	-19		
Materials (sets)											
Drawing kits (sets)	11	9	-2	21	18	-3	20	23	+3		
Basic Mathematics Braille Eq	uipment										
Abaci	11	6	-5	21	9	-12	20	24	+4		
Tailor flames	11	00	-11	21	8	-13	20	6	-14		
Tailor types (sets)	11	00	-11	21	8	-13	20	6	-14		
Measuring devices (Rulers,	11	10	-1	21	19	-2	20	23	+3		
compass, protractor) (sets)											
Maths Braille text book	5	00	-5	5	00	-5	5	00	-5		
teachers' guide											
Shapes (sets)	11	5	-11	21	10	-11	20	24	+4		

English Braille text books pupils' copies and mathematics Braille text books teacher's guide were the most lacking items, with no item in all the 3 established integrated schools. During an interview, the headteacher of school C reported that:

"The only copy of mathematics Braille notation that is available is an unpublished manual, and specialized teachers have always complained that some concepts



are not practically applicable when teaching mathematics to LVI. Recently, one of them expressed his wish to get in touch with the author of the unpublished manual so that they could edit the book."

The important finding of this objective was that even the established integrated schools lacked some of the Basic Braille materials and equipment for LVI.

Table 4.8: Basic Low Vision materials, equipment and devices

Table 4.8: Ba																				
Type of	Est	abli:	shed	1 int	egra	ted	Reg	gula	r UP	E sc	hoo	1s								
school			sch	ools			L													
school code	A		В		C		D		E		F		G		H		Ι		J	
	NR	NA	NB	NA	NB	NΑ	NB	NA	NR	NA	NB	NA	NB	NA	NB	NA	NB	NΑ	NB	NΑ
Major mate	rial	s/e	quip	me	nt fo	r lo	w vi:	sion												
Large print textbooks	13	0	10	0	20	0	23	0	15	0	24	0	5	0	51	0	16	0	17	0
Felt-tip/ thick pens	13	0	10	0	20	0	23	0	15	0	24	0	5	0	51	0	16	0	17	0
Large beamed hats	2	2	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	0
Contrast enhanced chalkboards	7	5	7	4	7	5	7	7	7	7	7	7	7	7	7	7	7	7	7	7
Major optic	al d	evic	es																	
Magnifying glasses	13	13	10	10	20	20	23	0	13	0	24	0	5	0	51	0	16	0	17	0
Telescopes	13	13	10	10	20	20	23	0	15	0	24	0	5	0	51	0	16	0	17	0
Lenses/ spectacles	1	1	2	2	3	3	NS	0	NS	0	NS	0	NS	0	NS	0	NS	0	NS	0
Contrast enhanced glasses	13	13	10	10	20	20	23	0	15	0	24	0	5	0	51	0	16	0	17	0

	Number required
NA	Number available
NS	Not sure

The findings from table 4.8 revealed that all the seven regular UPE schools had enough contrast enhanced chalkboards, but the three established integrated schools did not have enough. Findings also revealed that the three established integrated schools had enough of the required optical devices (Magnifying glasses, telescopes, lenses/spectacles, contrast enhanced glasses and large beamed hearts). The above findings indicated that the low vision devices available in established integrated schools were largely optical devices. However, all the seven regular UPE schools did not have any optical device, yet a big number of LVI in the schools were in need of them. This finding contradicts the recommendation by Eschenbach 2011; Erin 2003; and Arter 2001; who recommended the use of low vision devices to help students maximize their remaining vision in order to train the brain to interpret images more easily. The study further revealed that LVI from the regular UPE schools did not have access to the optical devices because they were not entitled to comprehensive eye care services which were being offered by a project that was based in the area of study. The project provided eye care services to only LVI enrolled in established integrated schools (schools which had units); leaving out the regular UPE schools. The comprehensive eye care services which the project provided included: Diagnosis of eye conditions, assessment of visual functioning, treatment, provision of optical devices, and training teachers on how to help the children use the optical devices provided. This finding exposed the educational benefits which the LVI from regular UPE schools were missing by not being able to access the above services, particularly the optical devices. As confirmed in a study by Eschenbach (2011) which examined the benefits of using optical devices, they were clinically proven to work, and increased the speed of reading of almost all the study participants.

Findings also revealed that Large print text books and felt - tip /thick pens were lacking in all the ten



participating schools including the established integrated schools. This finding indicated that other educational materials of learners with low vision apart from optical devices were not being taken into consideration. During FGDs, learners with low vision gave their views on other materials which they preferred to use. The materials included: Hand held magnifiers and large books to enable them write large print and thick writing materials.

4.2.3 Skills that had been acquired by LVI in ADL and in O&M

This objective sought to establish the skills that had been acquired by LVI in ADL and in O&M. To achieve this objective, data was collected through observation and FGDs. Section D of the observation schedule was designed to guide in observing the skills that had been acquired by LVI in ADL and in O&M. The specific skills that were observed in O&M were: Independent travel, proper application of: Long cane techniques, sighted guide techniques and protective techniques. The specific skills that were observed in ADL were: Clean bodies, brushed teeth, cut fingur nails, clean clothes, combed hair, smart dressing, neatly arranged belongings and proper dining antiquate.

The study established that the overall skills in O&M of LVI from regular UPE schools and established integrated schools were below the set standard for this study. The study also established that majority of the participating LVI possessed sufficient skills in "Independent travel techniques" and "Sighted guide techniques"; and that all of them lacked skills in "Protective techniques" and "Cane techniques". Before presenting the findings for this objective, the level of preparedness to implement the skills is presented in table 4.5, and later the findings were summarized in tables 4.9 and 4.10.

Table 4.9: Scores obtained by LVI in O&M skills

School type	Established	ed integrated Regular UPE										
School code		A	В	С	D	E	F	G	Н	I	J	
Proper use of O &M s	kills											
Mobility skills	Skill		Scores obtained									
·	value											
Independent travel	4	1	3	4	3	3	3	3	3	3	3	
Long Cane techniques	3	0	0	0	0	0	0	0	0	0	0	
Sighted guide	2	0	1	1	1	1	1	1	1	1	1	
techniques												
Protective techniques	1	0	0	0	0	0	0	0	0	0	0	
Total score	10	1	4	5	4	4	4	4	4	4	4	
Percentage	100%	10%	40%	50%	40%	40%	40%	40%	40%	40%	40%	

NB: Ranking of O&M skills adapted from Tellevik and Elmerskog 2001.

Table 4.10: Scores obtained by LVI in ADL skills

Type of school E	Establish	ed integr	ated scl	iools		Regi	ılar UPF	Eschools				
School code		A	В	C	D	E	F	G	Н	I	J	
ADL Skills	Skill			Scores	obtaine	d						
	value											
Clean bodies	8	6	6	7	3	3	4	3	4	4	4	
Brushed teeth	7	6	6	6	2	2	3	3	3	3	3	
Cut figure nails	6	5	5	5	2	2	3	3	3	2	3	
Clean clothes	5	3	4	4	2	2	3	3	3	3	3	
Combed hair	4	3	3	3	1	1	2	2	2	2	2	
Smart dressing	3	2	2	2	1	1	1	1	1	1	1	
Neatly arranged	2	2	2	2	1	1	1	1	1	1	1	
belongings												
Proper dinning	1	0	0	0	1	1	1	1	1	1	1	
antiquate												
Total score	36	27	28	29	13	13	18	17	18	17	18	
Percentage	100%	75%	78%	81%	50%	36%	36%	47%	50%	47%	50%	

NB: Ranking of ADL skills adapted from Tellevik and Elmerskog 2001.



4.2.4 Physical adaptations that had been put in the environment to facilitate access and retention of LVI in regular UPE schools

This objective sought to establish the extent to which the physical environment had been adapted to facilitate access to basic education by LVI. To achieve this objective, data was collected through observation and FGDs. Section E of the observation schedule was designed to guide in observing whether the physical environment had been adapted to facilitate access by LVI. The specific items that were observed in the physical environment were: Steady lighting, enough space between seats, easy access to learning centers, free space for demonstrations, clear shorelines to major places, clear landmarks, raised surface around the latrine / toilet hole, contrasting colors on doors / windows and obstacle free environment.

Findings indicated that the physical adaptations that had been put in place in all the regular UPE schools were "clear landmarks" and "clear shorelines to major places". Most of these schools lacked adaptations in: Steady lighting, enough space between seats, easy access to learning centers, free space for demonstrations, raised surface around the latrine / toilet hole, contrasting colors on doors / windows and obstacle free environment. Findings also indicated that the three established integrated schools had made sufficient adaptations in: Steady lighting, enough space between seats, easy access to learning centers and raised surface around the latrine / toilet hole". However, they lacked adaptations in: free space for demonstrations, clear shorelines to major places, clear landmarks, contrasting colors on doors / windows and obstacle free environment.

Table 4.11: Adaptation of the physical environment

School type	Esta	blished	integra	ited			Re	gular U	PE		
School code		A	В	C	D	E	F	G	Н	I	J
Adaptations	Value										
Steady lighting	9	8	8	7	5	4	4	4	4	3	4
Enough space between seats	8	7	6	6	3	3	3	4	4	3	3
Easy access to learning centers	7	5	6	6	2	2	2	2	2	2	2
Free space for demonstrations	6	3	3	3	3	3	3	4	6	4	3
Clear shorelines to major places	5	2	2	4	2	4	3	4	4	4	3
Clear landmarks	4	2	2	4	1	3	3	3	4	3	3
Raised surface on latrine/toilet hole	3	2	3	3	0	0	0	0	0	0	0
Contrasting doors / windows	2	1	2	1	1	1	1	1	2	1	1
Obstacle free environment	1	0	0	1	0	0	0	0	1	0	0
Total element score	45	31	32	35	17	20	19	22	27	20	19
Percentage	100%	67%	71%	78%	38%	44%	42%	49%	60%	44%	42%

NB: Ranking of items was adapted from the environmental checklist for developing independence, by Brown 2013; (a program specialist).

4.2.5 Curriculum adaptations that had been put in place to suit the needs of LVI.

This objective sought to determine the extent to which the curriculum had been adapted to suit the needs of LVI. To achieve this objective, data was collected through questionnaires, interviews and FGDs. Section G of the questionnaire for teachers sought to examine the extent to which the curriculum elements had been adapted to suit the needs of LVI. The curriculum elements that were considered were: Content, teaching methods, examination modifications and sporting activities. Findings indicated that almost all the regular UPE schools had not made any curriculum adapted activities in most of the curriculum element items. The only adapted item which they involved in was "excursions"; and the scores obtained were far below average. The schools had not made any adaptations in the rest of the curriculum element areas: Content modification; teaching methods Examination modifications and adapted sports. All the three established integrated schools had made sufficient curriculum adaptations in most of the curriculum element items: Content modification, teaching methods, "Examination modifications" and Participation in adapted sports. Findings however, indicated that the established integrated schools had not made sufficient participation in the sporting activity "Show down". The findings are surmmarised in table 4.12 below:



Table 4.12: Adaptation of the intended curriculum

School type		Established integrated schools			Regular UPE schools						
School code	Element score	A	В	С	D	E	F	G	Н	I	J
Content											
Content modified for LVI	10	6	7	8	0	0	0	0	0	0	0
Teaching methods											
Remedial lessons in unit	9	7	9	9	0	0	0	0	0	0	0
Braille/Large print reference information	8	4	5	6	0	0	0	0	0	0	0
Excursions	7	2	3	3	2	2	2	2	3	2	2
Examination modifications											
Braille questions	6	5	5	5	0	0	0	0	0	0	0
Large print questions	5	2	2	2	0	0	0	0	3	0	0
Extra time provided	4	3	3	3	0	0	0	0	3	0	0
Participation in adapted sports											
Goal ball	3	2	2	2	0	0	0	0	0	0	0
Show down	2	1	1	1	0	0	0	0	0	0	0
Adapted athletics	1	1	1	1	0	0	0	0	0	0	0
Total element score	55	33	38	40	02	02	02	02	06	02	02
Percentage	100%	60%	69%	72%	4%	4%	4%	4%	11%	4%	4%

NB: Ranking of curriculum content areas adapted from UNESCO / MOES (2011): Life skills curriculum for Primary School teachers in /Uganda.

5.0 Conclusion

In this study, the determinants of access and retention of LVI in regular UPE schools were Braille skills of teachers, adapted materials, equipment and devices for LVI, skills of LVI in ADL and in O&M, Physical adaptations in the environment and Adaptation of the intended curriculum.

The study concluded that all the teachers of LVI in all the seven regular UPE schools lacked Braille skills. Teachers who possessed Braille skills were teaching in established integrated schools, but still very few of them had skills in full mathematics Braille notation.

The study also concluded that the only adapted materials that were available in all the regular UPE schools were contrast enhanced chalkboards, and Optical devices were sufficiently available only in established integrated schools. The regular UPE schools lacked optical devices because they were not beneficiaries of the eye care project which was donating comprehensive eye care services including optical / low vision devices, and parents of LVI in these schools were so poor that they could not afford to buy these devices. Other low vision materials were generally lacking in both school settings. All the regular UPE schools lacked basic Braille materials and equipment. Some basic Braille materials were available in the all the three established integrated schools but most of them were not enough, and some of them were completely lacking.

The overall skills in O&M were poor in both settings of regular UPE schools and established integrated schools due to lack of specialized training of teachers in the area. The use of white canes within the school premises was lacking in both school settings, and a large number of LVI did not have access to long canes as they were imported and thus expensive, and even the few who had them preferred to move without them. Generally, the overall ADL skills of LVI from regular UPE schools were poor. However, LVI in the established integrated schools possessed good ADL skills due to the training they got from matrones.

Regarding physical adaptations in the environment, the study concluded that both regular UPE schools and established integrated schools lacked most of the required adaptations to enable LVI easily access the learning facilities and the general school environment.

Lastly, the study concluded that there were almost no curriculum adaptations made in the regular UPE schools due to lack of training of teachers on how to implement the newly modified curriculum which had provisions for Special Needs Education.

The study indicated that overall, the strategies for enhancing access and retention of LVI were generally lacking in regular UPE schools. The contention of the researcher is that there is urgent need to improve the quality of education for LVI in regular UPE schools. This requires the intervention on the provision of Braille, adapted teaching and learning materials; training in O&M and in ADL; implementing the adapted curriculum



and providing environmental adaptations as discussed in this study. The implication is that LVI are greatly disadvantaged when this observation is not realized; and they can not compete at the same level with their sighted counterparts. This finding implied that there was need to guarantee good quality of education to the learners, which would only be achieved through the provision of human and financial resources to support their educational needs and the needs required for independent living skills.

In view of the above conclusions, it is clear that the study achieved its purpose which were stated in two objectives as shown in chapter one and analyzed in chapter four. The study gaps were further filled by the information obtained from the research instruments namely: questionnaire, interview schedules, Focus Group Discussion guides and observation schedules.

6.0: Recommendations

Based on the findings, the following was recommended:

- A full Braille course for teachers of LVI in regular UPE schools; and refresher courses in Full mathematics
 Braille notation for teachers in established integrated schools. The implementation of the above trainings
 should be taken up by individual districts.
- Government through the Ministry of Gender, Labour and Social Development should use the existing
 established workshops that were established for the rehabilitation of persons with disabilities in the country
 to produce styluses, Abaci and shapes and mobility long canes for LVI at low or no cost.
- A short course training in ADL / O&M for both teachers and matrons of LVI in established integrated schools and regular UPE schools. Implementation of the above training should be by individual districts. O&M and ADL should be indicated on the classroom time tables in individual schools.
- Sensitization to the school administrators of regular UPE schools and established integrated schools, to aggressively put in place the physical adaptations that were required in order to create accessible physical environments for LVI.
- A comprehensive training in curriculum adaptations for LVI through short courses, and teachers in regular UPE schools to make regular educational tours to the established integrated schools in order to draw some lessons concerning curriculum adaptations for LVI.

REFERENCES

Allman, C.B., & Holbrook, M.C. (1999). Providing a Braille refresher course for teachers with visual impairments and Blindness. Journal of Visual Impairment and Blindness. 93 912), 770 – 777.

Amato S. (2002). Standards for competence in Braille Literacy skills in teacher preparation programs. Journal of Visual Impairment and Blindness, 97(4), 240 – 243.

An Azo network (2015). Centers for disease control and prevention. Antlanta: CDC

Arter, C., (2001). The special curriculum. In Mason H., McCall, S., Arter C, McLinden and Stone J. (2001). *Visual impairment:* Access to Education for Children and young people. London: David Falcon Publishers.

Brown, C. (2013). *Environmental checklist for developing independence*. Texas school for the Blind and Visually Impaired. Austin, TX: Taxas school for the Visually Impaired. Chaluda, A. (2014). Long Path to Achieving Education for All: *School Access, Retention and learning in 20 countries*. Education Policy and Data center. Washington: EPDC.

Creswel, J.W., Plano Clark, V.L., Gutmann, M.L. & Hanson, W.E (2003). *Advanced mixed methods research designs*. In A. Tashakkori and C. Teddle (Eds). Handbook on mixed methods in the behavioral ans social sciences 9pp.209 –240). Thousand Oaks, CA:Sage publications. Demario, Norma, C., Lian, & Ming – Gon, J. (2000). Teachers' perceptions of need for competency in transcribing Braille materials in the Nemeth code. *Journal of Visual impairment and Blindness*. 96 (1), 7 – 14

Erin, J.N. (2003). Educating students with visual impairments. *Eric Clearing House on Disabilities and Gifted Education* (ERIC EC), Digest

Eschenbach (2011). The benefits of using low vision devices. USA: Optik America.

Frieman, B.B., (2004). State Braille standards for teachers of students who are blind or visually impaired. A National survey. NFB's publication. *The Braille Monitor*.

Hacker (2015). In Merriam – webstar.com. Retrieved May 8th 2011 from http://www.meriam – webstar.com / dictionary/hacker.

Hung, H.Y. (2008). The state of Braille literacy in Taiwan. (Doctoral thesis.) Ohio State University. USA.

ICEVI (2005). An investigation into the Educational Inclusion of children with visual impairment in Uganda. Kampala: The International Council for Education of people with Visual impairment. Ministry of Education and Sports.

Johnson, L. (1996). The Braille Literacy crisis for children. *A journal of visual impairment & Blindness*. 90, 276 – 278.

Kristensen, K., Omagor, L. M., & Onen, N. (2003). The inclusion of learners with barriers to learning and



- development into ordinary schools settings: A challenge for Uganda. British journal of Special Education, 30(4), 194-201.
- Knowlton, M.,& Berger, K. (1999). Competences required of Braille teachers. *RE:View: Rehabilitation Education for Blindness and Visual Impairment*. REFBVI. 30(4) 151 160
- Lynch, P., McCall, S., Douglas, G., & Bayo, A. 2011. Inclusive Education practices in Uganda Evidencing of Itinerant teachers who Work with children with visual impairment in local mainstream schools.

 *International Journal of** Inclusive Education. 15 (10), 1 6. p
- Lynch, P. & McCall S. (2007). The Itinerant Teachers' Role in Educational inclusion of children with low vision in Local schools in Africa. *The Educator*. 20 (62) 26 27
- McCall S., (2001). Historical perspectives. In Mason, H., McCall, S., Arter, C., McLinden, M., & Stone, J. (2001). *Visual impairment: Access to Education for Children and Young people*. London: David Fulton Publishers. Research in Development (CARD)
- MOES (2009). Uganda Education Statistics Abstract. Kampala: MOES
- MOES Sector fact sheet (2000 2012). The republic of Uganda. Kampala: LDC Publishers Printing Press.
- Njoroge, M.C.N., (1991). Factors influencing initiation of successful mainstreaming of visually handicapped students in Kenya. (Doctoral dissertation.) University of Texas AT AUSTINE.
- Nzoka, S.M. (2011). *Establishing Braille proficiency levels among primary school teachers of learners who are blind in Kenya*. (PhD Thesis.) Kenyatta University.
- Ribot, J.C. & Peluso, N.L. (2003.) A theory of Access. Rural sociology 68 (2). The rural sociological society. Rural Socialogy: 143 181
- Roberts, F.K. (1986). Education for the visually handicapped: A social and educational history. In Scholl, G.T. (Ed.) 1986. Foundations of Education for blind and visually handicapped children and youth: Theory and practice.
- American Foundation for the blind. INC. New York.
- Shelby, A. (2013). Teaching disabled students. Instructional strategies to help students who are blind or visually impaired. Morris: Walters State Community
- Sherrill, C. (2008). Adapted physical activity: Recreation and Sport Cross disciplinary and lifespan. Boston: McGraw Hill.
- Tellevik, J.M. & Elmerskog, E. (2001). The Mobility and Rehabilitation program in Uganda. *A social cultural approach to working with visually impaired persons*. Norwegian support system for special education. Tronheim: Tarmbartun resource center. Norway.
- UNBOS (2012). Uganda National Bureau of Statistics 2012. Statistical abstract. Entebbe: Government Printers. Uganda.
- UNEB records (2008 2012). Uganda National Examination Board. Ministry of Education and Sports. Kampala: Government Printers.
- UNICEF Report (2012). *Implementing Inclusive Education programs and allocating resources in Africa*. New York: UNICEF.
- UNESCO (2011). Life Skills curriculum for Primary School teachers in Uganda. Kampala: UNESCO.
- UPE report (2012). UPE performance. Kampala: Government of Uganda.
- Wamunyi, C. M. (2008). A study of opinions of primary school teachers towards inclusive Education in central Kenya. (Doctoral thesis.) Kenyatta University.
- Wikimedia project (2015). The free encyclopedia. Wikimedia Foundation





KEY: South Western Uganda