# Challenges of Human Kinetics And Health Education Practitioners In The Present Dispensation

YELLOWE, ERNEST OGBONDA

# DEPARTMENT OF HUMAN KINETICS, HEALTH AND SAFETY EDUCATION, IGNATIUS AJURU UNIVERSITY OF EDUCATION, RUMUOLUMENI, PORT HARCOURT

# ABSTRACT

Parts of a continuing effort to reveal the challenges of human kinetic and health education practitioners in the present dispensation been the rise of a new framework of though and action. The ensuing paper presents the human kinetics and health education as a unique programme for achieving the touted benefits of the HKED programme. It is hoped that the suggested recommendation based reformed imitative in this paper will provide the necessary "spin of" which major practitioners may use to put the HKED curriculum on track.

# **INTRODUCTION**

As a human kinetics and health education practitioner, there is know about that there will be a lot of challenges confronting him/her at all times in life in course of his practice. However, as a man or woman in the profession and profession continues, the practitioner will challenge the challenges. The challenges are enumerated and discussed together below.

#### Parental Influence

Along this line, parents will also have disagreement with the individual son or daughter who is in school studying the course human kinetic or physical education, who may want to buy soccer ball or sports part with the confrontation, did I send you to school to study football? Don't you see John who broke his leg because of football? Do you want to experience the same? According to Edo (2007) parents' consents are expected to be obtained before their son or children are allowed to participate in various activities especially, sports programmes. The Africa belief that children are necessary security collateral towards old age and retirement has led to parents being confused over how to help their children make their mark in life.

#### Sibling Influence

According to the New Webster's Dictionary (2004), it is a person in relation to someone having the same parents or having one parent in common, in other words, a brother or sister of a person.

These groups of people have their contributions in the family. Don't be surprised to hear a question like: what would you do after studying Human kinetics or Health Education? Where would you work after studying Human Kinetics or Health Education? However, not everybody will work in sports Council or become a classroom teacher at same time.

# **Profession Influence**

The associations are not useful and helpful to the members. What they do is only to collect dues and other finances from members; they do not have welfare packages for their members. Members are not integrated and/or protected and no useful programmes (No value for the profession).

A third (3rd) class lawyer has more value than the individual in the profession because the society see Human Kinetics as a course meant for the obsessed, dull students, the cultic.

# No Textbooks

The practitioners do not have current resource materials or information necessary for the profession. Practitioners themselves do not write books they need in their daily programmes.

#### Public

The public encroach on facilities meant for the practitioners' usage; they walk in and out of the facilities. They also see it as a way of entertainment to people. They also see it as nothing to write home about; particularly it does not allow women to bare children, while it is safest to bare children through Human Kinetics.

It increases body forms meaning that there is muscular increase of the individual, there is no beauty in women, while naturally beauty is found in Human Kinetics.

## Funding

This aspect is only left in the hands of parents. The funds for sports is either mismanaged or embezzled by person (s) in charge of the Department. According to Draper (2004), sports is a powerful tool to enhance the physical fabric of communities, to stimulate the local economy and to improve its image with outside investors and tourists.

#### **Professional Preparation**

Proper or adequate preparation by the practitioners is lacking. For example, a Human Kinetics teacher is scheduled to teach Basketball to students and the teacher will not be willing to teach and will not attend the class because he/she is not prepared to teach the course and sometimes may not have the knowledge of the course.

#### Self Commitment

Practitioners are incapable of doing their work as required because of incapability or commitment to daily. The practitioner would like to be in the office alone without overseeing other duties outside the office for necessary correction, improvement and development. There is no attitude of commitment in the job.

#### Stagnancy

This could easily discovered in the practitioners as they not display creativity and innovation, meaning that there is no new creativity and innovation in their work, no new ideas in their work.

#### Indiscipline

Indiscipline is one of the challenges facing the practitioners. A roadside mechanic puts on his/her coverall neatly with the tools, but a Human Kinetics practitioner puts on either a torn or worn-out tracksuit, dirty, smelling uniforms and even not bathing which produces stinky odour that repels others away from participating in the programme. While in the laboratory, they tend to forget wearing the hand gloves for one excuse or the other, not sterilizing the apparatus and may cause some effects on individual.

#### Employment

In this discipline there are no job opportunities. Jobs are ready lacking, individual cannot find a place to fit in as all the practitioners cannot be teachers and/or work in the sports council at the same time. However, over 400,000 people are estimated to be employed in sports related activities in England (Draper 2004). In addition, Cambridge Econometrics/sports England (2003) reported that, the provision of sports business and services and the manufactures of sport goods and equipment make a significant contribution to employment and gross value added.

#### RECOMMENDATION

- 1. Government, parents and associations should develop their interests in the affairs of Human Kinetics and Health Education by providing necessary facilities and equipment, funds required.
- 2. Individuals in the practition should be prepared for it before joining the practition, should be disciplined, committed, be creative and innovative.
- 3. Individuals should have the knowledge of the profession they belong and meaningfully contribute to the development of the profession.

#### CONCLUSION

The issue on challenges of Human Kinetics and Health Education practitioners in present dispensation pointed out some salient points as the challenges confronting the practitioners as stated and discussed above and recommendations were proffered by the author or research as the ways through which the practitioners can challenge then challenges.

#### REFERENCES

Cambridge Econometric/sport England (2003). The Value of the Sports Economy in England: Sports England.

Draper, R. (2004). The Contribution of Sports to Economic Vitality and Workforce Development: Sport England.

Edo Sabo Emmanuel (2007) Socializing the Citizenry in Sports through Sports Law. Journal of Sports Management and Educational Research. Vol. 1 No. 3 October, 2007.

The New Webster's Dictionary (2004) of the English Language. United States of America: Lexicon Publications, Inc.