The Influence of Career Commitment on Organizational Commitment among Selected Bankers in Lagos Metropolis, Nigeria

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Abstract
The rate of staff turnover is high in the banking sector in Nigeria, and employers in this industry are often concerned with the commitment of their employees to their respective organizations. Should employers in the banking sector be more focused on improving the commitment of their employees to their career as a way of boosting their overall commitment to the organization? This study aims at assessing the influence of career commitment on organizational commitment among selected bankers in Lagos metropolis, Nigeria. Survey research design was adopted for the study, while simple random sampling technique was used for the selection of participants. A total of 275 bankers were drawn from Unity Bank plc. The data were collected with a battery of psychological tests, namely: Organizational Commitment Scale (OCS) and Career Commitment Scale (CCS). Pearson product moment correlation and t-test analysis were used to analyze the collected data and to test the three hypotheses proposed in this study at 0.05 level of significant. The results of the findings revealed that career commitment has significant influence on organizational commitment as it accounted for 19% variance in organizational commitment. The correlation coefficient between career commitment and organizational commitment is \( r = 0.44; P < 0.05 \), meaning that the higher the employees’ commitment to their career, the higher their commitment to the organization. Furthermore the independent t-test confirms that there is a significant difference in organizational commitment of employees who are less committed to their career and those who are highly committed to their career. Finally, the study concluded by recommending that efforts should be put in place by management to improve employees commitment to their career in order to boost their commitment to the organization, increase productivity, and organizational effectiveness.

Keywords: Organizational commitment, Employees, Career commitment, Bank

1. Introduction
The adoption of Information, Communication and Technology (ICT) gadgets in many organizations coupled with challenges and dynamic nature of global environment has made employers and employees susceptible to inevitable changes that are on the increase in the day-to-day running of organizations (Venkatesh, Bala & Sykes, 2010). These changes, provoked by Information, Communication and Technology (ICT), have in recent times affected employees’ career and organizational commitment adversely. It is relatively becoming very difficult for employees to determine either to be committed to a chosen career which may be altered by improved technology or be committed to organization which is prone to unusual organizational transformation like downsizing, re-engineering or restructuring of the workforce as a result of changes in information, communication and technology. These organization transformations occasioned by continuous technological changes in the way goods are produced and services are delivered to meet human needs will continue to affect behavioural dispositions of the employees towards their career and organization thereby inhibiting the attainment of their full potentials. Moreover, career commitment and organizational commitment are two different aspects of human views and opinions that are largely linked to increased productivity and organizational effectiveness (Buitendach & de-Witte, 2005).

One of the challenges confronted by human resource management in recent times is the ability to recruit and select candidates that will be committed to the goals and aspirations of the organization. The dilemma of prospective employees on the other hand is how to secure employment in organizations that will enhance their career progression. Thus, there are tendencies for employees to have conflict of interest between career commitment and organizational commitment especially when the situation relates to complying with work and
professional ethics. According to Morrow (1993) an individual can be committed to different focal points at workplace as well as experience conflict of interest towards career and organization commitment. In view of the foregoing, there is a need to empirically find out the influence of career commitment on organizational commitment among professional bankers.

The study of career commitment and organizational commitment has assumed a global significance. These two primary goals of employees are widely studied for the fact that they are responsible for diverse attitudes and behaviours displayed at workplaces (Colquitt, Lepine & Wesson, 2011; Yavuz, 2010; Hammer & Avger, 2005; O’Reilly & Chatman, 1986). One of the basic ideas behind the studies of commitment in the past was to find ways to improve individual employee’s performance thereby sustaining job satisfaction and organizational commitment.

Generally, commitment is viewed as consistent line of activity in human behaviour (Awolusi, 2013).

According to Scholl (1981), commitment is a stabilizing force that acts to maintain behavioural direction when expectancy equity conditions are not met and do not function. Salancic (1977) holds that commitment is what makes individuals to enjoy what they do and continue doing it, even when the payoffs are not obvious. Thus, commitment is an attitudinal dimension that reflects in an individual behaviour at any given tasks and organization. Studies have been done to determine factors that promote commitment (Awolusi, 2013; Bedeian, Kemery & Pizzolatto, 1991; Bartol, 1979). An employee with strong commitment is likely to remain with an organization than that with weak commitment.

1.1. Organizational commitment

The concept of organizational commitment has developed over the last five decades. It all started with Porter, Steers, Mowday, and Boulian (1974) who conceptualized organizational commitment with these three determinants, namely: (i) strong belief in and acceptance of the organization’s goals and values, (ii) willingness to exert considerable effort on behalf of the organization and (iii) strong desire to maintain organizational membership.

According to Mathews and Shepherd (2002), organizational commitment is interpreted in various ways and suggested that organizational commitment can be summarized to be an attachment of an individual to his or her organization. Taking a multidimensional view of Meyer and Allen (1990), distinguished the three dimensions of organizational commitment to include: affective commitment, continuance commitment and normative commitment. The affective commitment is the desire to remain in an organization based on an emotional attachment to the organization; continuance commitment is the desire to remain in an organization due to the perceived cost associated with leaving it; and normative commitment is the perceived obligation to remain a member of an organization. Consequently, these three components model together become an employee’s commitment profile.

In another research study by Herscovitch and Meyer (2002), organizational commitment is defined as the degree to which an employee identifies with the goals and values of the organization and is willing to put efforts to help the organization to achieve its goals. It is also viewed as the willingness of employees to accept the goals and values of the organization and to work towards the achievement of the objectives. O’Reilly & Chatman (1986) hold that organizational commitment is the psychological attachment felt by the individual for the organization, it reflects the degree to which the person internalize or adopts characteristics or perspectives of the organization values and goals. Organizational commitment is defined as the relative strength of an individual’s identification with, and involvement in, a particular organization (Mowday, Steers & Porter, 1979).

Organizational commitment has been found to be vital for productivity and effectiveness of an organization. As a combination of both attitudinal and behavioural dimensions, organizational commitment is defined as employee’s acceptances, involvement and dedication towards achieving organization’s goals and objectives. Organizational commitment is highly valuable because it is a factor that is responsible for increased job satisfaction, loyalty and growth of employees and the organization (Meyer, et al., 2002). The two dominant conceptualization of organizational commitment found in literature are an employee’s loyalty towards the organization and an employee’s intention to stay with organization. Loyalty is an affective response to organizational call for duty and responsibility and at the same time identification with organizational goals and values, while intention to stay is described as effectively neutral and focuses on an employee’s intention to remain a member of the organization. This intention to stay has been viewed as the employee’s expected likelihood of remaining employed in the same organization. Other social analysts have identified some organizational factors that can equally influence attitudes and behaviours of employees in the workplace to include organizational climate (Schneider, 2008), psychological contract, (Robinson, 1996), job security and career advancement (Andrea & Ted, 2011).

1.1.1 Career commitment

Career commitment was first defined in management literature by Hall (1971) as the strength of one’s...
motivation to remain in a chosen career role. In the findings of Darden, Hampton and Howell (1989), and Carswell and Allen (2000) career commitment was defined as employee's psychological bond to his or her career which is distinct from organizational commitment. In other words, an employee may be committed to his or her organization only or committed to both career and organization or committed to neither. Career commitment is one’s attitude towards one’s vocation or identification with, and involvement, in one’s occupation. Many literatures hold that career commitment is similar or related to concepts such as occupational commitment, professional commitment, and career salient. According to Blau (1985), career commitment is an intention to build a career that is meaningful and a lifelong pursuit and operationally, he considered career commitment as the attitude of an individual towards vocation or professional occupation. Carswell and Allen (2000) hold that career commitment had three components, namely: affective commitment, continuance commitment and normative commitment. Affective commitment is an individual emotional attachment to his or her career. The continuance commitment is assessment of cost of losing the investment sank into a career and the normative commitment is a sense of obligation to remain in a career.

Several factors had been found to be responsible for career commitment. For example, employees’ perception of the organizational career related practices and policies may prone such employee to having a stronger career commitment. Alternatively, an individual perception of job security can be a critical phenomenon affecting employee's career plan and career commitment (Blau, 2003).

Myrtle et al. (2008) assess the relationship between employment-related conditions and career commitment. They found that measures associated with the different employment-related experiences had more significant influence on career commitment than those measures associated with career experiences. These findings indicate that employment related conditions such as job security, position tenure, industry segment, management level, and the extent to which their current positions meet their career expectations including career experience and satisfaction with career progression, will increase the level of career commitment. Other Social analysts have examined career commitment and job involvement of nurses (Belovich, 1997); career commitment and job involvement of insurance and newspaper employees (Blau, 1989); career commitment and job security, job involvement, job satisfaction and organizational commitment (Goulet & Singh, 2002). Although a study by Gaertner & Nollen (1989) supports that employees’ perception of career-related practices influences their psychological attachment to the current organization, this present study is aimed at further exploring the specific influence of career commitment on organizational commitment among selected bankers by testing the following hypotheses:

H₁: The employees who are classified as highly committed to their career will be more committed to the organization compared to their counterparts who are less committed to their career.

H₂: There will be positive relationship between the level of career commitment and organizational commitment.

H₃: Career commitment will significantly predict organizational commitment.

1.1.2 Methodology
The descriptive survey research design is used in this study. The study was conducted in Unity Bank Plc, a commercial bank in Nigeria. The population of this study consisted of all staff working in the branch, region and head office of the bank. The bank has branches in all the six geo-political zones of Nigeria and staff strength of about 3,000 as at the time of this research. The sample for this study comprised 275 bankers who were selected using a simple random sampling method.

A battery of psychological tests consisting of Organizational Commitment Scale (OCS), developed by Balfour and Wechsler (1996) and Career commitment Scale developed by Blau (1989) were used to collect data from the participants.

The Organizational Commitment Scale (OCS) made up of nine items measures three dimensions of overall organizational commitment namely:- commitment based on affiliation or pride in the organization, commitment based on identification with the organization, and commitment based on satisfactory exchange with the organization resulting in appreciation of the individual by the organization. Balfour and Wechsler (1996) obtained Cronbach alpha coefficients of 0.81 for affiliation commitment, 0.72 for identification commitment, and 0.83 for exchange commitment while the researchers provided a Cronbach alpha coefficient of 0.71 for the three dimensions the scale.

The Career commitment Scale made up of seven items measures the employees’ commitment toward their occupations, professions, and careers. Blau (1989) obtained Cronbach alpha coefficient of 0.76 for the test items while the researchers obtained a Cronbach alpha coefficient of 0.62 for this scale.

1.1.3 Data analysis and result
Responses to the battery of psychological test were entered accordingly into the Statistical Package for the Social Sciences (SPSS) version 20 on a personal computer. Data were coded and analyzed using Linear Regression Analysis, Spearman Rho Correlation and t independent test. The results are presented below.
Table 1: Socio-Demographic Characteristics of Participants

<table>
<thead>
<tr>
<th>Variables</th>
<th>Frequency</th>
<th>Percentage (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age Range</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21-30</td>
<td>134</td>
<td>48.7</td>
</tr>
<tr>
<td>31-40</td>
<td>101</td>
<td>36.7</td>
</tr>
<tr>
<td>41-50</td>
<td>34</td>
<td>12.4</td>
</tr>
<tr>
<td>51 and above</td>
<td>6</td>
<td>2.2</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>121</td>
<td>44.0</td>
</tr>
<tr>
<td>Female</td>
<td>154</td>
<td>56.0</td>
</tr>
<tr>
<td><strong>Educational Qualification</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BSc</td>
<td>140</td>
<td>50.9</td>
</tr>
<tr>
<td>MSc</td>
<td>61</td>
<td>22.2</td>
</tr>
<tr>
<td>Others</td>
<td>74</td>
<td>26.9</td>
</tr>
</tbody>
</table>

Table 1 above shows that participants of 21-30 are 134 (48.7%), 31-40 years are 101 (36.7%), 41-50 years are 34 (12.4%), 50 and above 6 (2.2%) while male participants are 121 (44.0%) and females are 154 (56.0%) accordingly. The Table also shows that the educational qualifications of the participants are as follows Bachelor of Sciences 140 (50.9%), Master of Sciences 61 (22.2%) and others 74 (26.9%).

1.1.4 Testing of Hypothesis

In order to test hypothesis 1 which stated that employees who are classified as highly committed to their career will be more committed to the organization compared to their counterparts who are less committed to their career, an independent t-test was computed and the result is shown below:

Table 2: Independent t-Test of Career Commitment Based on Organizational Commitment

<table>
<thead>
<tr>
<th>Career commitment</th>
<th>N</th>
<th>Mean</th>
<th>S.D</th>
<th>t</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less committed</td>
<td>135</td>
<td>31.00</td>
<td>5.54</td>
<td>-6.78</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Highly committed</td>
<td>140</td>
<td>35.43</td>
<td>5.29</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 2 above shows that there is a significant difference between participants who are classified as highly committed to their career compared to their counterparts who are less committed to their career on their report on organizational commitment (t = -6.78, P < 0.05). Therefore the hypothesis is accepted.

In order to test hypothesis 2 which stated that there will be positive relationship between the level of career commitment and organizational commitment, a spearman Rho correlation matrix was computed and the result is shown below:

Table 3: Correlation Between Career Commitment and Organizational Commitment

<table>
<thead>
<tr>
<th>Variable</th>
<th>N</th>
<th>R</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career commitment</td>
<td>275</td>
<td>0.44</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Organizational commitment</td>
<td>275</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 3 above shows that there is a positive relationship between career commitment and organizational commitment (R = 0.44; P < 0.05). This implies that an increase in career commitment will lead to an increase in organizational commitment. Thus, the hypothesis 2 is accepted.

Furthermore, in order to test hypothesis 3 which stated that career commitment will significantly predict organizational commitment, a linear regression analysis was computed and the result is shown below:

Table 4: Linear Regression Model Summary

<table>
<thead>
<tr>
<th>Variable</th>
<th>r</th>
<th>r²</th>
<th>f</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Commitment</td>
<td>0.44</td>
<td>0.19</td>
<td>66.81</td>
<td>&lt;0.05</td>
</tr>
</tbody>
</table>

Dependent variable: Organizational commitment

The result from the Table 4 shows that career commitment accounted for 19% variance in organizational commitment.

1.1.5 Discussion of findings

The aim of the study is to examine the influence of career commitment on organizational commitment among selected bank workers in Unity Bank plc.

The first hypothesis, which states that employees who are highly committed to their career will be more committed to the organization compared to their counterparts who are less committed to their career, was accepted. In Table 4, it was observed that employees who are highly committed to their career had higher mean than employees who are less committed to their career. This implies that employees who are highly committed to
their career were more committed to organization. The result of hypothesis one is supported by the findings of Bedeian et al. (1991) that an individual commitment to an organization results not only from identification with the organization but also from identification with a specific career the individual is pursuing within the organization. It therefore means that the high level of career commitment will translate to high level of organizational commitment. Thus, the level of career commitment plays a key role in the process of creating a fulfilling career for the employees.

The second hypothesis, which states that there will be positive relationship between the level of career commitment and organizational commitment was accepted. In Table 3 it was observed that there is a positive relationship between career commitment and organizational commitment. According to this finding, the r value is positive, which implies that the higher the career commitment of employees, the higher the commitment to organization. This result is supported by the findings of Chang (1999) which states that individual enter a company with their career plans and would be attracted to the current company if the company’s practices satisfy their career needs, and individuals will be more attracted to a company if they possess stronger career desires. The finding is also supported by Belovich (1997) who found a positive relationship between career commitment and job involvement of nurses as well as Blau (1988) who also found a significant positive relationship between career commitment and job involvement among insurance and newspaper employees. This implies that the attitude of individual towards their career tends to affect their attitudes towards their company. 

Finally, the third hypothesis, which stated that career commitment will significantly predict organizational commitment was supported by the result of this study. This finding was in line with the report of Darden, Hampton and Howell (1989) that observed that employees with high transferable skills such as bankers are more likely to hold more positive attitude towards their jobs thereby raising their commitment to their organizations. The influence of career commitment on organizational commitment was buttressed by findings of Bedeian et al. (1991) which indicate that an individual commitment to an organization results not only from identification with that organization but also from identification with a specific career the individual is pursuing in the organization. That means organization policies and practice that satisfy employees career needs will influence organizational commitment.

1.1.6 Recommendations

The practical implication for this research is that policy makers in the organizations should focus more in boosting career commitment of employees which will invariably translate to increased organizational commitment. This is due to the fact that highly career committed employees are more motivated to contribute as well as stay committed to organizations that favour their career satisfaction. In view of this, policy makers in organizations should put in policies and practices that will support career needs of the employees or develop management techniques or strategies that link up with employees’ career development which in turn will lead to organizational commitment. One method that has been adopted in this regard is providing career development programme, which is, establishing a process to help employees plan their careers in line with an organization’s business requirements and strategic direction.

Employees often tend to consider leaving an organization when growth opportunities are low, thus, organizations should formulate policies and practices that support career progression, promotion within, internal training, and job security through which employees are likely to develop a strong connection with their place of work as well as their career.

Having a committed workforce is becoming a competitive advantage in the banking sector and globally. In view of this, organizations are to put in a reward system that will adequately compensate committed employees. The management should take steps to incorporate employees’ career plans with the strategic plans of the organization. This will motivate employees to be more committed to the organization.

Future research should focus on the influence of job characteristics such as variety, identity, significance, autonomy, and feedback on organizational commitment among bankers in Nigeria.

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